

Frequently Asked Questions for Relatives

Can I take part if my adult on the autism spectrum doesn't want to be involved?

Yes! We would like to hear about your experiences as a Relative and your adult doesn't have to be involved.

Do I need to be a blood relative of an adult on the autism spectrum to take part?

No! A relative can be a non-blood relative to the adult such as a partner, spouse, or friend.

Is it my adult's experiences you want to hear about or is it mine?

We want to hear about your experiences as a Relative and we also ask you some questions that relate to your adult.

Does my adult have to know if I take part? Can I remain anonymous?

A relative does not need their adult's permission to take part and so they do not have to know; you can remain anonymous unless you want to tell them.

I don't have day to day contact with my adult or my adult lives independently so what type of experiences do you want to hear about? I only know what they tell me.

We ask for information on a number of topics such as health, employment history, friendships and relationships etc. and we understand that not all relatives will know this information. It is perfectly fine to say that you don't know.

If I've signed up as an adult, can I also take part as a relative?

Yes! You can sign up as adult on the autism spectrum (that is, for yourself) and if you are a relative of another adult on the autism spectrum, you can sign up as a relative as well.

I am a Relative of more than one adult on the autism spectrum. Can I join more than once?

Yes as your experiences as a relative of one adult will be different to your experiences as a relative of another adult. We would like to hear about both! Although you can join as a relative for as many adults as you would like by completing paper copies, if you joined online, you would only be able to join as a relative once. In this case, if you wanted to tell us about your experiences as a relative of another adult, would need to complete paper copies.